

11 November 2011

**STERLING ENERGY PLC**  
**("Sterling" or the "Company")**

**Director Shareholding Notification**

Sterling Energy Plc ("Sterling" or the "Company") (AIM: SEY), the independent oil and gas exploration and production company with interests in the Middle East and Africa, announces that it has been informed of the following transactions in which Directors have interests.

Angus MacAskill, Chief Executive, has a beneficial interest in the purchase of 100,000 ordinary shares between 7 and 10 November 2011 at an average price of 41.875 pence per share. Following this purchase, Mr MacAskill is beneficially interested in a total of 100,000 ordinary shares representing 0.05% of the issued share capital of the Company.

Malcolm Pattinson, a Non-Executive director of the Company, purchased 50,000 ordinary shares at 42.75 pence per share on 10 November 2011. Following this purchase, Mr Pattinson is beneficially interested in a total of 62,810 ordinary shares representing 0.03% of the issued share capital of the Company.

**Further information:**

**Sterling Energy plc**

**(+44 20 7405 4133)**

Alastair Beardsall, Chairman

Angus MacAskill, Chief Executive

Web site: [www.sterlingenergyplc.com](http://www.sterlingenergyplc.com)

**Evolution Securities**

**(+44 20 7071 4300)**

Chris Sim

Neil Elliot